1. **Intermediate Value Theorem:** Suppose  $f:[a,b] \to \mathbb{R}$  is continuous and c is strictly between f(a) and f(b) then there exists some  $x_0 \in (a,b)$  such that  $f(x_0) = c$ .

**Proof:** Note that if f(a) = f(b) then there is no such c so we only need to consider f(a) < c < f(b) and f(a) > c > f(b). Look at the case f(a) < c < f(b).

We're going to use the Bisection Method to construct two sequences as follows:

Define  $a_1 = a$  and  $b_1 = b$ . Then look at  $\frac{a_1 + b_1}{2}$  (the midpoint) and check:

- If  $f(\frac{a_1+b_1}{2}) \le c$  define  $a_2 = \frac{a_1+b_1}{2}$  and  $b_2 = b_1$ .
- If  $f(\frac{a_1+b_1}{2}) > c$  define  $a_2 = a_1$  and  $b_2 = \frac{a_1+b_1}{2}$ .

We then repeat the procedure looking at the midpoint of  $[a_2, b_2]$  and defining  $a_3$  and  $b_3$  accordingly and so on, to define sequences  $\{a_n\}$  and  $\{b_n\}$ .

Observe that  $\{a_n\}$  is monotone increasing and bounded above by b and  $\{b_n\}$  is monotone decreasing and bounded below by a. It follows that both converge. Moreover since

$$\frac{b_n - a_n}{2} = \frac{1}{2^n}(b - a)$$

we know that the difference converges to 0 and so they both converge to the same value, call it  $x_0$ . That is,  $\{a_n\} \to x_0$  and  $\{b_n\} \to x_0$ . We then claim that  $f(x_0) = c$ .

From continuity we have  $\{f(a_n)\} \to f(x_0)$  and  $\{f(b_n)\} \to f(x_0)$  and since for all n we have  $f(a_n) \le c$  we must have  $f(x_0) \le c$  and since for all n we have  $f(b_n) > c$  we must have  $f(x_0) \ge c$ .

Thus  $f(x_0) = c$ .

The proof for f(a) > c > f(b) is similar.

QED

2. Examples:

Example: Consider  $f:[1,5] \to \mathbb{R}$  given by  $f(x) = x^2 + 4x - \frac{1}{x}$ . Observe that f(1) = 4 and f(5) = 44.8. Since c = 10 is strictly between 4 and 44.8 we know there is some  $x_0 \in (1,5)$  with  $f(x_0) = 10$ .